



Hello February! Celebrate Valentine's Day by giving a little love to your mental wellbeing. Also Happy Chinese New Year and Black History Month! 🧡🙏🏾🇺🇸

GSGF News

We are actively searching for the right land and city to build our first green school! Support us in our journey and share the word with friends and family!



Join Us in Creating Green Leaders!
Donate \$50 +
 and get a free t-shirt!
 Shipping Included

Help us build our **FIRST** innovative green school in Ontario!
 Who are we doing this for?
The children!

Book of The Month: "Eco-Friendly Valentine's Day Crafts for Kids" by Marie Rolland

BOOK OF THE MONTH

SHOP NOW

GSGF FOUNDATION Green Schools Green Future amazon

Blogs of The Month

How to Combat the Winter Blues: Simple Ways to Feel Better



The "winter blues" can affect your motivation, sleep, and overall well-being. But you can beat the gloom by making small, practical changes in your everyday routine.

[Written by Reshmika G.](#)

[Read more](#)

Growing Up Is Hormonal – Here's What No One Explains

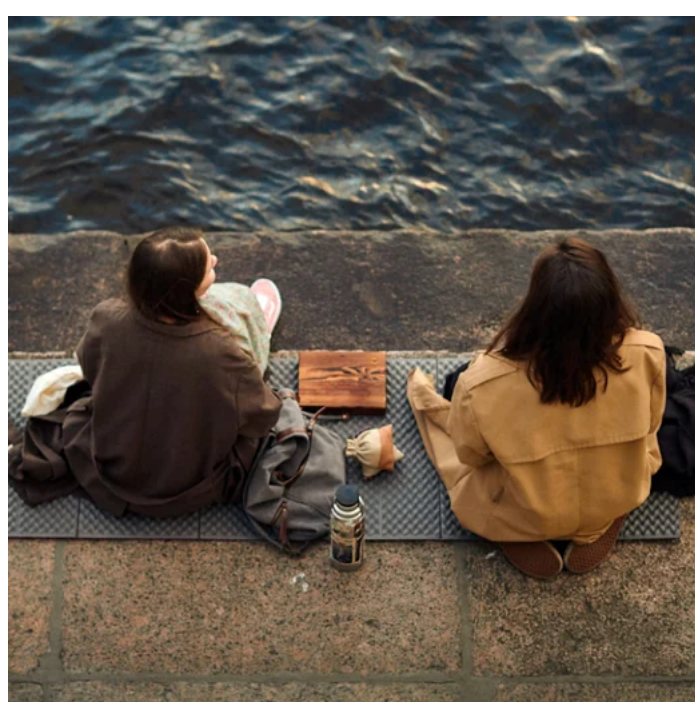


Modern wellness culture often frames health as something to optimise. But when youth feel "off" with mood swings and low energy, what really helps is consistent healthy habits.

[Written by Shreya P.](#)

[Read more](#)

Talking Through Emotions: How Therapy Helps Us



We often push aside our emotions and focus on productivity. Therapy offers us a space to slow down and explore our emotions safely, helping us learn to effectively process them.

[Written by Maanasa Chander.](#)

[Read more](#)

Our Partners / Affiliates

Thank You Affiliate Partners

GreenGeeks, annmarie, amazon, Aires, DefenderShield, Grow Your Own Vegetables, SERIAL FARMERS

CREATING IMPACT THAT MATTERS

GSGF FOUNDATION

Nikole's Chosen Quote of the Month



"Have enough courage to trust love one more time and always one more time."

— Maya Angelou

